

scottishathletics



STEWARTS
cross country
grandprix

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20 22 23

scottishathletics
**SENIOR 4k CROSS COUNTRY
CHAMPIONSHIPS**

and

**GLASGOW ATHLETICS DEVELOPMENT SCHEME
INVITATION CLUB CROSS COUNTRY DEVELOPMENT
RACES**

SUNDAY 30th JANUARY 2011

BELLAHOUSTON PARK, GLASGOW

Under 13 Girls Race 2000metres
Under 13 Boys Race 2000metres
Under 15 Girls Race 2000metres
Under 15 Boys Race 2000metres

12.00 noon
12.15 pm
12.30 pm
12.45 pm

scottishathletics Senior Men 4k
Champs

1.00 pm

scottishathletics Senior Women 4k
Champs

1.30 pm



**National 4K CC Championships
Bellahouston Park Glasgow Sunday 30th Jan 2011
in conjunction with
Athletic Glasgow Development Races**

OFFICIALS

Referee	Robert McSwein
Clerk of Course	John Rodger
Officials Control	Graham Sword, Alex Jackson
Finish Area Setup	Jim Young, Bob Reid, Alan Robinson
Judges /Funnel Control	Marjory Cook (Chief), Jim Young, Bob Reid, Alan Robinson
Timekeepers	Sheila MacDougall (Chief), Duncan McLaren, Des Gilmore
Recorders (Places)	Bill MacDougall(Chief), Isobel Baird, Alex Jackson
Recorders (Times)	Jean Youden
Starter	Angus Cameron
Marksman	Jim Semple
Declarations	Dave Campbell, Anne McManus
Results	Gary Condie
Announcer	John Wands
Course Stewards	Kilbarchan AAC
Presentations	Ron Morrison, Alan Potts, Fiona Curr
Jury of Appeal	Alan Potts, Ron Morrison, Alex Jackson
Events Manager	Ross Cunningham
Conveners	Graham Sword /Alex Jackson

Glasgow Development 2K**U13 Girls****Sunday 30th January 2011**

220	Catriona Booth	U13	Garscube H
221	Nicola Brechany	U13	Garscube H
222	Holly Still	U13	Giffnock North AAC
223	Jude Graham	U13	Giffnock North AAC
224	Alexandra Pope	U13	Giffnock North AAC
225	Eilidh Cook	U13	Giffnock North AAC
226	Rebecca Conroy	U13	Giffnock North AAC
227	Jill McGachy	U13	Inverclyde AC
228	Kim Simpson	U13	Inverclyde AC
229	Emma Mitchell	U13	Inverclyde AC
230	Maggie Catlin	U13	Inverclyde AC
231	Olivia Gemmell	U13	Inverclyde AC
232	Laura Stark	U13	Kilbarchan AAC
233	Iona Miller	U13	Kilbarchan AAC
234	Kerry McAngus	U13	Kilbarchan AAC
235	Rebecca Louise Craig	U13	Kilbarchan AAC
236	Emma Kelly	U13	Kilbarchan AAC
237	Jemma Reekie	U13	Kilbarchan AAC
238	Katie Turnbull	U13	Kilbarchan AAC
239	Eilidh Fraser	U13	Kilbarchan AAC
240	Ailsa Higgins	U13	Kilbarchan AAC
241	Chloe Baillie	U13	Kilbarchan AAC
242	Laura Keay	U13	Kirkintilloch Olympians
243	Anna Forbes	U13	Kirkintilloch Olympians
244	Perri McCluskey	U13	Kirkintilloch Olympians
245	Jenny Lee	U13	Kirkintilloch Olympians
246	Louise Campbell	U13	Kirkintilloch Olympians
247	Victoria Robertson	U13	Kirkintilloch Olympians
248	Suzanne Quigley	U13	Kirkintilloch Olympians
249	Niamh Brown	U13	Ron Hill Cambuslang H
250	Lauren Carey	U13	Ron Hill Cambuslang H
251	Rachel Black	U13	Ron Hill Cambuslang H
252	Jill Cherry	U13	Shettleston H
253	Casey Alexander	U13	Shettleston H
254	Ruth Ferguson	U13	Shettleston H
255	Caitlin L Caldwell	U13	Shettleston H
256	Chloe F Caldwell	U13	Shettleston H
257	Adelina Callan	U13	Shettleston H
258	Claire Wallace	U13	Shettleston H

Glasgow Development 2K**U13 Boys****Sunday 30th January 2011**

277	Adam Duff	U13	Garscube H
278	Euan MacIntosh	U13	Garscube H
279	Ruaridh Garv Russell	U13	Garscube H
280	Andrew Vetraino	U13	Giffnock North AAC
281	Robbie Barr	U13	Giffnock North AAC
282	John McLaughlin	U13	Giffnock North AAC
283	Euan Brodie	U13	Giffnock North AAC
284	Keir Carolan	U13	Giffnock North AAC
285	Ross Gray	U13	Inverclyde AC
286	Adam Stinson	U13	Inverclyde AC
287	Scott Reid	U13	Inverclyde AC
288	MacAulay McArthur	U13	Inverclyde AC
289	Craig Bellew	U13	Inverclyde AC
290	Matthew Burns	U13	Inverclyde AC
291	Saul Gibson	U13	Inverclyde AC
292	Matthew MacKinnon	U13	Inverclyde AC
293	Tom Semple	U13	Inverclyde AC
294	Scott McLardie	U13	Kilbarchan AAC
295	Euan Trout	U13	Kilbarchan AAC
296	Owen Bannatyne	U13	Kilbarchan AAC
297	Ryan Nesbitt	U13	Kilbarchan AAC
298	Conor Thomson	U13	Kilbarchan AAC
299	Aidan Comerford	U13	Kilbarchan AAC
300	Conor Toal	U13	Kilbarchan AAC
301	Ryan Muir	U13	Kilbarchan AAC
302	Matthew McLaughlin	U13	Kilbarchan AAC
303	Cameron Mack	U13	Kirkintilloch Olympians
304	Aidan McCaffrey	U13	Kirkintilloch Olympians
305	Stuart Michie	U13	Kirkintilloch Olympians
306	Jack McCabe	U13	Kirkintilloch Olympians
307	Justin Hogg	U13	Kirkintilloch Olympians
308	Sean Reilly	U13	Ron Hill Cambuslang H
309	Grant McGregor	U13	Ron Hill Cambuslang H
310	Sean Paul Brannan	U13	Ron Hill Cambuslang H
311	Callum Morton	U13	Ron Hill Cambuslang H
312	Jordon Munro	U13	Ron Hill Cambuslang H
313	Joseph Pryce	U13	Ron Hill Cambuslang H
314	Connor McGlinchey	U13	Ron Hill Cambuslang H
315	Euan Penrice	U13	Shettleston H
316	Andrew McLoone	U13	Shettleston H
317	Daniel A Toland	U13	Shettleston H
318	Coner Brown	U13	Shettleston H

Glasgow Development 2K
U15 Girls
Sunday 30th January 2011

327	Catriona Graves	U15	Garscube H
328	Amy Drysdale	U15	Garscube H
329	Chloe Cowan	U15	Giffnock North AAC
330	Isabella Murray	U15	Giffnock North AAC
331	Kathryn Young	U15	Giffnock North AAC
332	Nicola Wyld	U15	Giffnock North AAC
333	Selena Jackson	U15	Giffnock North AAC
334	Lucy Davidson	U15	Giffnock North AAC
335	Chloe Simpson	U15	Inverclyde AC
336	Evie Semple	U15	Inverclyde AC
337	Kelly Williams	U15	Inverclyde AC
338	Catherine McLean	U15	Kilbarchan AAC
339	Jennifer Hanlon	U15	Kilbarchan AAC
340	Kathryn Lee	U15	Kilbarchan AAC
341	Eva Sullivan	U15	Kilbarchan AAC
342	Kirsty Harper	U15	Kilbarchan AAC
343	Chloe Hardie	U15	Kilbarchan AAC
344	Gwen Gillham	U15	Kilbarchan AAC
345	Sarah Dempsey	U15	Kilbarchan AAC
346	Rebecca McIlwraith	U15	Kilbarchan AAC
347	Emma Arnold	U15	Kilbarchan AAC
348	Emma Canning	U15	Kirkintilloch Olympians
349	Kathleen Quigley	U15	Kirkintilloch Olympians
350	Ellis McCluskey	U15	Kirkintilloch Olympians
351	Rebecca Bonomi	U15	Ron Hill Cambuslang H
352	Eve MacKinnon	U15	Ron Hill Cambuslang H
353	Lisa Ross	U15	Ron Hill Cambuslang H
354	Sophie Hayes	U15	Ron Hill Cambuslang H
355	Hannah Robertson	U15	Ron Hill Cambuslang H
356	Victoria Sutherland	U15	Ron Hill Cambuslang H
357	Mhairi Hendry	U15	Shettleston H
358	Laura Penrice	U15	Shettleston H
359	Caitlin Hackett	U15	Shettleston H

Glasgow Development 2K
U15 Boys
Sunday 30th January 2011

370	Alastair Stanley	U15	Garscube H
371	Patrick Brechany	U15	Garscube H
372	Patrick Lonergan	U15	Giffnock North AAC
373	John Joe Lonergan	U15	Giffnock North AAC
374	Josh Hyde	U15	Giffnock North AAC
375	Jamie Cook	U15	Giffnock North AAC
376	Calum Murphy	U15	Giffnock North AAC
410	Joe Sheridan	U15	Giffnock North AAC
377	Joshua Houston	U15	Inverclyde AC
378	Jack Rice	U15	Inverclyde AC
379	Robert Todd	U15	Inverclyde AC
380	Isaac Dunning	U15	Inverclyde AC
381	Jonathan Glen	U15	Inverclyde AC
382	Filip Palaszynski	U15	Inverclyde AC
383	Callum Matthews	U15	Kilbarchan AAC
384	Euan Gillham	U15	Kilbarchan AAC
385	Rorie Tracey	U15	Kilbarchan AAC
386	Gavin McArdle	U15	Kilbarchan AAC
387	Cameron Swanson	U15	Kilbarchan AAC
388	Fraser Warwick	U17	Kilbarchan AAC
389	Charlie Wighton	U15	Kilbarchan AAC
390	Aidan Kane	U15	Kirkintilloch Olympians
391	Gavin Alexander	U15	Kirkintilloch Olympians
392	Callum Dewar	U15	Kirkintilloch Olympians
393	Kieran Pugh	U15	Kirkintilloch Olympians
394	David Robertson	U15	Ron Hill Cambuslang H
395	Jack MacGregor	U15	Ron Hill Cambuslang H
396	Keith McIntyre	U15	Ron Hill Cambuslang H
397	Brendan Carey	U15	Ron Hill Cambuslang H
398	Fraser Ebbitt	U15	Ron Hill Cambuslang H
399	Ryan Miller	U15	Ron Hill Cambuslang H
400	Ross Stephen	U15	Ron Hill Cambuslang H
401	Joe Brown	U15	Ron Hill Cambuslang H
402	Ryan Thomson	U15	Ron Hill Cambuslang H
403	Ryan Finnieston	U15	Shettleston H
404	Logan Sirel	U15	Shettleston H
405	Dean Stevenson	U15	Shettleston H
406	Callum Drummond	U15	Shettleston H
407	Murray McGiven	U15	Shettleston H
408	Ryan Flanagan	U15	Shettleston H
409	Ahmed Hassan	U15	Shettleston H

scottishathletics 4K Championships – Men
Sunday 30th January 2011

1	Frank Boyne	Vet	Aberdeen AAC
2	Eoin Durkan	Sen	Aberdeen AAC
3	Mark Haskett	Sen	Aberdeen AAC
4	James Joy	U20	Aberdeen AAC
5	Alasdair Love	Sen	Aberdeen AAC
6	Matthew Brown	U20	Bellahouston H
7	Brian Douglas	Sen	Bellahouston H
8	Martin Johnson	Vet	Bellahouston H
9	Tom Lauckner	Sen	Bellahouston H
10	Stewart Mulholland	Vet	Bellahouston H
11	Steven Prentice	Sen	Bellahouston H
12	Christopher Doak	Sen	Bellahouston Road R
13	Stewart Robertson	Sen	Bellahouston Road R

14	Alan Derrick	Vet	Calderglen H	72	Michael Harrington	Vet	Greenock Glenpark H
15	Andrew Butchart	U20	Central AC	73	Alan Henderson	Sen	Greenock Glenpark H
16	Alastair Hay	Sen	Central AC	74	David Henderson	Sen	Greenock Glenpark H
17	Alexander Hendry	U20	Central AC	75	Shaun Lyon	Sen	Greenock Glenpark H
18	David McNamee	Sen	Central AC	76	Andrew McCall	Sen	Greenock Glenpark H
19	Lewis Millar	Sen	Central AC	77	Kevan McCartney	Sen	Greenock Glenpark H
20	John Newsom	Sen	Central AC	78	Frank McKnight	Sen	Greenock Glenpark H
21	Iain Robertson	Sen	Clydesdale H	79	Daniel McLaughlin	Vet	Greenock Glenpark H
22	Paul Carroll	Vet	Clydesdale H	80	Michael McLoone Snr	Vet	Greenock Glenpark H
23	Peter Bowman	U20	Clydesdale H	81	Sam McVicar	Vet	Greenock Glenpark H
24	Ryan Nelson	U20	Clydesdale H	82	Alan O'Rourke	Vet	Greenock Glenpark H
25	Moray Anderson	Sen	Corstorphine AAC	83	Stephen Trainer	Sen	Greenock Glenpark H
26	Bryan Clark	Sen	Corstorphine AAC	84	Christopher Moses	Sen	Helensburgh AAC
27	Dermot Cummins	Sen	Corstorphine AAC	85	Steven Cairns	Vet	Hunters Bog Trotters
28	Christopher O'Brien	Sen	Corstorphine AAC	86	Chris Barlas	Sen	Inverclyde AC
29	Sam Thompson	Sen	Dumfries H	87	Andrew Campbell	U20	Inverclyde AC
30	Owen Miller	U20	Dunfermline & WF AC	88	Andrew Douglas	Sen	Inverclyde AC
31	Jamie Clements	Sen	East Kilbride A.C.	89	Sean Gaffney	Sen	Inverclyde AC
32	David J. Condra	Vet	East Kilbride A.C.	90	Daniel Mulhare	Sen	Inverclyde AC
33	Kevin Downie	Vet	East Kilbride A.C.	91	Craig Ruddy	Sen	Inverclyde AC
34	John Fergusson	U20	East Kilbride A.C.	92	Robert Shaw	Vet	Inverclyde AC
35	Adam Gatens	U20	East Kilbride A.C.	93	Stepen Fleming	Sen	Kilbarchan AAC
36	David Gorman	U20	East Kilbride A.C.	94	Paul Leck	Sen	Kilbarchan AAC
37	Graeme Haddow	Vet	East Kilbride A.C.	95	John McMillan	Sen	Kilbarchan AAC
38	Derek Leitch	Vet	East Kilbride A.C.	96	Robert Quinn	Vet	Kilbarchan AAC
39	Andrew Shaw	U20	East Kilbride A.C.	97	Gary Rankin	U20	Kilbarchan AAC
40	William Taylor	Vet	East Kilbride A.C.	98	Kevin Cornes	Sen	Kirkintilloch Olympians
41	Niall Walker	Sen	East Kilbride A.C.	99	Alexandra Lamond	U20	Kirkintilloch Olympians
42	Tom Yuill JNR	Sen	East Kilbride A.C.	100	Colin Langan	Sen	Kirkintilloch Olympians
43	Paul Brennan	Sen	Edinburgh AC	101	Craig McIntyre	U20	Kirkintilloch Olympians
44	Neil Calder	Sen	Edinburgh AC	102	Ross Finlayson	Sen	Lasswade AAC
45	Owain Bristow	Sen	Edinburgh AC	103	Ross Matheson	U20	Lasswade AAC
46	Adam Chmieloski	Sen	Edinburgh AC	104	Niall Sheehan	Sen	Lasswade AAC
47	Andrew Crichton	U20	Edinburgh AC	105	Max McNeill	U20	Lothian Running Club
48	Daniel Clarkson	Sen	Edinburgh AC	106	Andrew Sutherland	Sen	Maryhill H
49	Keith Dunlop	Sen	Edinburgh AC	107	Sam Thomson	Sen	Maryhill H
50	Kevin Graham	Sen	Edinburgh AC	108	Kevin Judge	Sen	Perth Road R
51	D> Halliday	Sen	Edinburgh AC	109	Jeff Farquhar	Vet	Pitreavie AAC
52	Peter Loudon	U20	Edinburgh AC	110	Bobby Bristow	U20	Ron Hill Cambuslang H
53	Bryan Mackie	Sen	Edinburgh AC	111	Andrew Coulter	U20	Ron Hill Cambuslang H
54	Gregor Maxwell	U20	Edinburgh AC	112	Stuart Gibson	Sen	Ron Hill Cambuslang H
55	Colin McGill	Sen	Edinburgh AC	113	Robert Gilroy	Sen	Ron Hill Cambuslang H
56	Iain Whitaker	Sen	Edinburgh AC	114	Jack Hamilton	U20	Ron Hill Cambuslang H
57	Steven Wales	Sen	Edinburgh AC	115	John MacNamara	Sen	Ron Hill Cambuslang H
58	Ryan Cox	Sen	Edinburgh Univ Hare & H	116	David Munro	Sen	Ron Hill Cambuslang H
59	Mike Diver	Sen	Edinburgh Univ Hare & H	117	Stewart Orr	U20	Ron Hill Cambuslang H
60	Patryk Gierjatowicz	Sen	Edinburgh Univ Hare & H	118	Tsegai Tewelde	Sen	Shettleston H
61	Max Ralston	U20	Edinburgh Univ Hare & H	119	Tewold'n Mengisteab	Sen	Shettleston H
62	Arjuna Sivakumaran	Sen	Edinburgh Univ Hare & H	120	C. Morgan	Sen	Shettleston H
63	Rory Leslie	U20	Edinburgh Univ Hare & H	121	Paul Sorrie	Sen	Shettleston H
64	Coll Williamson	U20	Edinburgh University AC	122	Marc McColl	Sen	Shettleston H
65	Tom Martyn	Sen	Edinburgh University AC	123	Michael Gillespie	Sen	Shettleston H
66	Ross McCall	Sen	Edinburgh Univ Hare & H	124	Matthew Gillespie	Sen	Shettleston H
67	Michael Crawley	Sen	Edinburgh Univ Hare & H	125	Lee Wilson	U20	Shettleston H
68	Mark Mitchell	Sen	Forres H	126	Andrew Dearie	U20	Shettleston H
69	John Murray	Sen	Garscube H	127	Adam Drummond	U20	Shettleston H
70	Steven Campbell	Sen	Greenock Glenpark H	128	Gary Turner	U20	Shettleston H
71	Kevin Gill	Sen	Greenock Glenpark H	129	Lachlan Oates	U20	Shettleston H
				130	Azzidine Zourhi	Sen	Shettleston H

131	Kerrick Hesse	U20	Shettleston H
132	Ian Johnston	Vet	Shettleston H
133	Jethro Lennox	Sen	Shettleston H
134	Matthew Sullivan	Sen	Shettleston H
135	Andrew MacKenzie	Sen	Stirling University AC
136	Phillip Vernon	Sen	Stirling University AC
137	Sean Fontana	U20	VP-Glasgow AC
138	Allan Ramsay	Sen	VP-Glasgow AC
139	David Vernon	U20	VP-Glasgow AC
140	John Quinn	Vet	Westerlands XC Club
141	Chris Upson	Vet	Westerlands XC Club
142	Ross Clark	Sen	Unattached
143	Iain Kennedy	Vet	Unattached

scottishathletics 4K Championships – Women

Sunday 30th January 2011

150	Carly Hall	Sen	Aberdeen AAC	182	Elspeth Curran	Sen	Kilbarchan AAC
151	Louise Hill-Stirling	U20	Ayr Seaforth AAC	183	Christina Rankin	Sen	Kilbarchan AAC
				184	Natalie Sharp	U20	Kilbarchan AAC
152	Rhona Auckland	U20	Banchory Stonehaven AC	185	Kara Tait	Sen	Kilmarnock H&AC
152	Kristina Greig	U20	Bellahouston H	186	Paula Wilson	Vet	Kilmarnock H&AC
153	Jane Simpson	Sen	Bellahouston Road R	187	Sarah Inglis	U20	Lothian Running Club
154	Claire Wharton	Vet	Bellahouston Road R	188	Scout Adkin	U20	Moorfoot R
155	Joanne McEvoy	Sen	Calderglen H	189	Sarah McCormack	Sen	Moorfoot R
156	Hazel Dean	Vet	Central AC	190	Kirsty Grant	Sen	Ron Hill Cambuslang H
157	Lyndsay Morrison	Sen	Central AC	191	Carole Setchell	Sen	Garscube H
158	Laura Muir	U20	Dundee Hawkhill H	192	Stella Winters	U20	Shettleston H
159	Beth Duff	U20	East Kilbride A.C.	193	Laura Murray	Sen	Shettleston H
				194	Lindsay MacNeill	Sen	Shettleston H
160	Emily Dudgeon	U20	Edinburgh AC	195	Michelle Sandison	Sen	Springburn H
161	Katja Eravisto	Sen	Edinburgh AC	196	Rhian Dawes	U20	VP-Glasgow AC
162	Sarah Hood	Sen	Edinburgh AC	197	Claire McCracken	Sen	VP-Glasgow AC
163	Jennifer MacLean	Sen	Edinburgh AC				
164	Lynsey Sharp	Sen	Edinburgh AC				
165	Emily Stewart	U20	Edinburgh AC				
166	Rowena Bell-Scott	Sen	Edinburgh Univ Hare & H				
167	Jenny Dybeck	U20	Edinburgh Univ Hare & H				
168	Stephanie Lawrie	U20	Edinburgh Univ Hare & H				
169	Pamela Morris	Sen	Edinburgh Univ Hare & H				
170	Dilja Rudolfsdottir	Sen	Edinburgh Univ Hare & H				
171	Megan Crawford	Sen	Fife AC				
172	Hester Dix	Sen	Fife AC				
173	Morgan Wi'm-Geddes	Sen	Fife AC				
174	Jennifer Kibble	Sen	Fife AC				
175	Alison McGill	Sen	Fife AC				
176	Amie McKimmie	Sen	Fife AC				
177	Sophie Mullins	Sen	Fife AC				
178	Helen Sharpe	Sen	Fife AC				
179	Dianne Lauder	Sen	Gala H				
180	Jill Smylie	Sen	Giffnock North AAC				
181	Susan Clark	Vet	Greenock Glenpark H				

PAISLEY ROAD WEST

BELLA HOUSTON DRIVE

SPORTS CENTRE

scottishathletics



NATIONAL 4K CROSS COUNTRY CHAMPIONSHIPS
(in conjunction with Glasgow CC Development races)

Race	Start Time	Distance	Laps
Under 13 Girls	12.00	2000 metres	1 lap
Under 13 Boys	12.15	2000 metres	1 lap
Under 15 Girls	12.30	2000 metres	1 lap
Under 15 Boys	12.45	2000 metres	1 lap
Sen/Jun Men	1.00	4000 metres	2 laps
Sen/Jun Women	1.30	4000 metres	2 laps

STEWARTS
cross country
grandprix



PUTTING GREENS

START
FINISH

MOSS PARK

BOULEVARD

☐ HIGH
☐ FLATS

9 sport
Glasgow

